

# CHATHAM-KENT CHILD & ADOLESCENT CLINIC



202 King St. W. Chatham, Ontario. N7M 1E5  
Phone: (519) 358-1880 Fax: (519) 358-1586

## Screen for Child Anxiety Related Disorders (Parent Version)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Provider: \_\_\_\_\_

Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True
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1. When my child feels frightened, it is hard for him/her to breath.			
2. My child gets headaches when he/she is at school.			
3. My child does not like to be with people he/she does not know well.			
4. My child get scared if he/she sleeps away from home.			
5. My child worries about other people liking him/her.			
6. When my child gets frightened, he/she feels like passing out.			
7. My child is nervous.			
8. My child follows me wherever I go.			
9. People tell me that my child looks nervous.			
10. My child feels nervous with people he/she does not know well.			
11. My child gets stomachaches at school.			
12. When my child gets frightened, he/she feels like he/she is going crazy.			
13. My child worries about sleeping alone.			
14. My child worries about being as good as other kids.			
15. When my child gets frightened, he/she feels like things are not real.			
16. My child has nightmares about something bad happening to his parents.			
17. My child worries about going to school.			
18. When my child gets frightened, his/her heart beats fast.			
19. My child gets shaky.			

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20. My child has nightmares about something bad happening to him/her.			
21. My child worries about things working out for him/her.			
22. When my child gets frightened, he/she sweats a lot.			
23. My child is a worrier.			
24. My child gets really frightened for no reason at all.			
25. My child is afraid to be alone in the house.			
26. It is hard for my child to talk with people he/she does not know well.			
27. When my child gets frightened, he/she feels like he/she is choking.			
28. People tell me that my child worries too much.			
29. My child does not like to be away from his/her family.			
30. My child is afraid of having anxiety (or panic) attacks.			
31. My child worries that something bad might happen to his/her parents.			
32. My child feels shy with people he/she does not know well.			
33. My child worries about what is going to happen in the future.			
34. When my child gets frightened, he/she feels like throwing up.			
35. My child worries about how well he/she does things.			
36. My child is scared to go to school.			
37. My child worries about things that have already happened.			
38. When my child gets frightened, he/she feels dizzy.			

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39. My child feels nervous when he/she is with other children or adults and he/she has to do something while they watch him/her (for example: read aloud, speak, play a game, play a sport).			
40. My child feels nervous when he/she is going to parties, dances, or any place where there will be people that he/she does not know well.			
41. My child is shy.			